



Sandringham Baseball Club, Jack Guiliano Field, Tulip Street, Sandringham

## **COACHES CODE OF CONDUCT**

Sandringham Baseball Club adheres to the By-Laws as set out by Baseball Victoria on their website; along with the following additions.

You have responsibility for your team and its supporters. EXERCISE IT. Be reasonable in your demands on the young players' time, energy and enthusiasm. Remember that they have other interests and demands on their time. The game is about them and their involvement and enjoyment not about YOU or their parents. Work actively with the Club and the parents to improve the quality of the Tee-ball/Baseball experience the children get.

Ensure that all players get a game or an equitable length of game time - all players need and deserve equal time. Remember that young people play for fun and enjoyment and that winning is only part of it. Never ridicule or yell at the players for making mistakes or losing a game. The scheduling and length of practice times and games should take into consideration the maturity level of the players.

Remember that young people need a coach they can respect. Use appropriate language and behaviour with your players, and avoid situations that would have you one on one with an individual (player or parent).

Be generous with your praise when it is deserved and set a good example. Remember different strategies work for different players - experiment to determine which methods work best for each of your players. Make a personal commitment to keep yourself informed on sound coaching principles and the principles of growth and development of young people.

Teach your players that laws of the game are important and teach them to respect Umpires. Develop team respect for the ability of opponents, as well as for the judgement of umpires and opposing coaches. Work with The Club to ensure you obtain the minimum Coaching Accreditation you require for your involvement in coaching.

Encourage young people to develop basic skills and avoid over-specialisation in positional play during their formative years. Create opportunities to teach sportsmanship, just as you would in teaching the basic skills. Ensure that efforts for both skill improvement and good sportsmanship are rewarded by praise. Remember that players are also students - so be reasonable in your demands on their energy and enthusiasm. Ensure that skill learning and free play activities have priority over highly structured competitions for very young people. INSIST ON FAIR PLAY, do not tolerate foul play, fighting, or foul language. Be prepared to take off an offending player. INSIST on a disciplined approach by players and mean what you say. Set a good example by your own personal good performance and behaviour.

### **COACHES DUTIES**

#### **\* Pre-season**

- Organise most suitable training day, time and venue
- Prepare and distribute information sheet - training day and time, players & parents names tel no.'s and addresses, wet weather arrangements
- Select appoint and discuss arrangements with your Manager
- Select and discuss arrangements with your Scorer
- Train several base coaches
- Gain and maintain an adequate knowledge of the rules - attempt to attend appropriate Coaching Accreditation courses

- Develop a training program which can be adjusted according to how the players develop throughout the season

\* **At Training**

- Be on time
- Ensure your players are on time
- Make sure players warm up (and cool down afterwards)

\* **Before each game**

- Prepare line-up sheet (preferably before game day)
- Ensure the "kit" is complete - bats, balls, game ball, catcher's gear etc (see checklist)
- Ensure you have scorebook and Match Report Sheets

\* **Game Day**

- Ensure the field is set out correctly (especially if you are the home team)
- Give a line up sheet to your manager to help organise the bench/dugout.
- Give scorebook and line-up sheet and Match Report Sheet to your scorer, unless you are using GameChanger
- Give game ball(s) to umpire
- Organise & supervise pre-game warm up - stretching, throwing, catching, running and batting
- Appoint your base coaches (and umpires if required) as necessary
- Make game awards - MVP, best batter, best fielder etc. the more the better (if relevant)
- Work with your scorer to complete and sign the Match Report (if Home team) and return it to the Club (failure to lodge these Match Report sheets results in fines for our Club)

\* **Coaches Game Day Checklist**

- Kitbag : Batting Helmets, Bats , Practice Balls, Game Balls.
- Catcher's Gear : Face Mask (incl skull cap or helmet Throat Guard), Leggings, Chest Plate,
- Catchers Mitt.
- Paperwork : Scorebook, Line-up book, Score Sheet

\* **Throughout the Season**

- Coordinate with manager to prepare and submit match reports for website
- Attend Coaches & Managers meeting – coordinate attendance at these with your manager
- Ensure Club's printed material are distributed to parents on Club Activities (via your Manager if possible)
- Refer any questions about aspect of your role you are unsure of to the Junior Co-ordinator
- Ask for help if you need it - call in experts - batting, pitching, catching etc. The Club has a Head Coach position and the person in this roles brings a wealth of experience and can assist you (but only if approached)
- Work with The Club to ensure you obtain the minimum Coaching Accreditation you require for your involvement in coaching
- Look after your equipment - it costs a lot of money to replace the gear in your kit
- Organise equipment repair/replacement as necessary
- Determine best methods for coaching individuals - different approaches may be required for each individual player educate kids with regard to safety - helmets, catcher's behaviour, protectors etc.
- Coach's will endeavour to make playing time equitable across their squads where and when possible. Consideration will be given to the individual abilities of players at the coach's discretion.
- Further consideration will be given to a players training attendance, trainability and behaviour.

Signed by \_\_\_\_\_

Print Name \_\_\_\_\_

Date \_\_\_\_\_